

Program 2025

This program is interactive. You can click on each of the presenter sessions to view the presentation outline and speaker’s biography.

The conference sessions will run on **AEST – Queensland time**.

Agenda items highlighted in **Green** will be available **in person and online**.

Agenda items highlighted in **Blue** will be available **in person only**.

All sessions will be recorded and made available to delegates in the **Resource Centre** five business days after the conclusion of the conference.

Ready to register? [click here](#)

To return to the website, [click here](#)

Please email the conference organiser if you have any questions – addictionz@anzmh.asn.au

The AddictionZ 2025 Conference reserves the right to amend or alter any advertised details relating to dates, program and speakers if necessary and without notice, as a result of circumstances beyond their control. All attempts will be made to keep any changes to an absolute minimum.

Monday, May 12, 2025

	Pre Conference Activities
4:40 PM - 5:40 PM	Welcome Drink in Lobby
6:00 PM - 8:00 PM	Pay Your Own Way Dinner - Surfers Pavilion We know you want to make the most out of your day, so we’ve organised a venue for you to continue to network and enjoy dinner with your peers and new friends.

Tuesday, May 13, 2025

	Ballroom 1	Ballroom 2	Springbrook Room	Exhibition Hall
6:30 AM - 7:15 AM	Yoga at Binna Burra Terrace Stretch and unwind when you join Zoe from OJAS Yoga & Mindfulness for a guided Yoga session. If you’re a yoga enthusiast or a beginner, everyone attending the conference is welcome to attend.			
7:45 AM - 8:30 AM	Registration Open - Day 1 Welcome! Come and say hello to the Conference Team and collect your Name Badge!			
8:30 AM - 8:40 AM	Acknowledge and Welcome: The Land We Gather On To start the conference, we acknowledge the Yugambeh people, Traditional Custodians of the land, through a Welcome to Country ceremony by the Jellurgal Aboriginal Cultural Centre. This meaningful moment honors their connection to the land and invites us to be mindful of our shared responsibility to care for it.			
8:40 AM - 9:05 AM	Official Welcome, Housekeeping and Lived Experience Acknowledgement Join us as we officially open AddictionZ 2025 and set the stage for an impactful conference. Conference Chair, Dr. Anastasia Hronis, Clinical Psychologist from the University of Technology Sydney, will extend a warm welcome to delegates, share important housekeeping details, and lead a heartfelt Lived and Living Experience Acknowledgement, recognising the voices and stories that shape our collective journey.			
9:05 AM - 9:35 AM	A Holistic Approach to Care Using Pacific Indigenous Frameworks That Can Benefit All Dr Inez Fainga'a-Manu Sione, Community Research Fellow of Village Connect & Griffith University			
9:35 AM - 10:05 AM	Just-In-Time Adaptive Interventions: An Inclusive and Tailored ‘In-The-Moment’ Approach to Gambling Treatment Nicki Dowling, Professor, Deakin University			
10:05 AM - 10:35 AM	A World-First Psilocybin-Assisted Psychotherapy Trial for Prolonged Grief Disorder Associate Professor Vanessa Beesley, QIMR Berghofer Medical Research Institute			
10:35 AM - 11:00 AM	Morning Tea With Exhibitors Join us for a delightful morning tea and connect with your fellow attendee's. Challenge yourself to step out of your comfort zone and make a new connection. Let’s mix, mingle, and make meaningful connections over a cup of coffee or tea!			

	Behavioural Addictions: Understanding and Addressing Modern Dependencies Chair: Lynette Hutson	Navigating the Intersection: Addressing Addiction and Co-occurring Diagnoses/Disorders Chair: Mikel Gellatly	Connecting for Recovery: Peer Support in Addiction Services Chair: April Long	Round Table Session - Sponsored and Facilitated by The Banyans
11:00 AM - 11:30 AM	Tobacco in the Time of Vaping - Experiences From a Smoking Cessation Clinic Adam Pastor, St Vincent's Hospital Melbourne	Recognizing the intersections of Mental Health, AoD and Domestic and Family Violence using S&T Model Jackie Wruck, Safe And Together Institute - Australia	Lived Expertise in Action: Embedding a Peer Perspective Brendan Ritchie & Mr Farouk Mitri, Self Help Addiction Resource Centre (SHARC)	Isolation is the Enemy: If AOD Practitioners Need Collaboration to Thrive, Why Are We Still Working in Silos? Round Table Discussion Presented by Dr Gavin Brown, Clinical Director, The Banyans & Diane Young, Psychotherapist & Addiction Therapist, South Pacific Private
11:35 AM - 12:05 PM	Not Just a Money Matter: Lived, Learned and the Data to Prove It Gary Fahey, Strong Men'd	Addressing Complexity, Disconnection and Struggle: a Relational Approach to Treatment Sam Stabler & Jessica Konstas, Communify QLD	Navigating the Complexities of AOD Peer Work Penny Chugg & Samantha Hodgetts, The Salvation Army, Alcohol And Other Drugs Program	Round Table Session Continued
12:10 PM - 12:40 PM	Social Media Consumption and Autonomy Development in Young Adults Phd Alina Deana Machande, University Of Hagen, Germany	St Vincent's Aodmh Hub - Acute Integrated Care for Addictions Within an Emergency Department Dr Greta Moon & Niamh Corscadden & Tom Cochrane, St Vincent's Hospital Melbourne	Who Are the Peers in a Therapeutic Community and What Magic Do They Provide? Bernice Smith & Toni Eachus, Goldbridge Rehabilitation Services Inc.	Round Table Session Continued.
12:40 PM - 1:40 PM	Lunch With Exhibitors Join us for an interactive lunch at the exhibition! Check the app daily for updates and instructions to ensure you don't miss out on the exciting surprises.			
	Cultural Humility and Demographic-specific Treatment Issues Chair: Tony Clarkson	Holistic Approaches to Youth Engagement, Recovery, and Care Chair: Dr Anastasia Hronis	Multiple Pathways to Recovery: Innovative Approaches and Practices Chair: Carol Daws	
1:40 PM - 2:10 PM	Reflections and Learnings From the Aboriginal Family Support Program Five Years on From Implementation David Shakespeare, Nicola Iannantuoni and Tara Ellis, Cyrenian House	X-Tending our Reach: Engaging Young People with Significant Barriers Sophie Marshall, Mater Clarence Street	Innovation or Common Sense in Addiction Recovery? The Banyans Interdisciplinary Collaborative Care Model (BiCOC) Dr Gavin Brown & Ms Tammy Spiller, The Banyans	
2:15 PM - 2:45 PM	Development of Lived Experience Videos About Methamphetamine with Aboriginal and Torres Strait Islander Peoples. Tariq Isaacs, The Matilda Centre	Re-imagining Recovery: a Scoping Review and Qualitative Needs Assessment of “recovery” Among Youth and Caregivers Cameron Eekhoudt, BC Centre on Substance Use	Innovative, Flexible and Assertive Approaches to Harm Reduction and Accidental Counselling With Young People Liz Scott & Molly Reynolds, Directions Health Services	

2:50 PM - 3:20 PM	Exploring Australian Addiction Workers' Views on Inclusive Treatment for Transgender and Gender Diverse (Tgd) Clients Nic Robinson-Griffith, Thorne Harbour Health	Headspace National AOD Strategy: a Roadmap for Delivering Holistic Care for Young People Josh Steicke, Headspace National	A New Model of Addiction Rehabilitation: the Connectedness Model Fosters Completeness, Safety and Prosperity Dr Aqua Hastings, Excelsia College	
3:20 PM - 3:50 PM	Join Us For Afternoon Tea With Exhibitors & In-Person Poster Presentations			
	Afternoon Keynote Session			
3:50 PM - 4:00 PM	Afternoon Boost: Join Our Energizer Session Before Our Amazing Afternoon Keynote Speakers Hit The Stage!			
4:00 PM - 4:30 PM	Two New Promising Addiction Interventions: Entheogens and Emotionally Focused Therapy (EFT) Emeritus Professor Doug Sellman			
4:30 PM - 5:00 PM	The Real-World Evidence of MDMA-Assisted Therapy: Expanding The Therapeutic Potential Beyond PTSD Dr Michael Winlo, Director, Emyria			
5:00 PM - 5:30 PM	Emerging Evidence for Psychedelic-Assisted Therapy In The Treatment of Substance Use Disorders Dr David Graham, MBBS BSc(Hons) MPsychMed MPhil PhD, CertPsychotherapyPsych, FRANZCP, Medical Director, GoodMind Therapeutics			
5:30 PM - 5:45 PM	Day One Wrap Up As we conclude the first day of the conference, Conference Chair Dr. Anastasia Hronis will guide us through key reflections and highlights from the day. Take this moment to pause and appreciate the stories, insights, and connections shared so far. Following this session, join us for the Conference Networking Function—a perfect opportunity to unwind, continue conversations, and build meaningful connections with fellow delegates.			
5:45 PM - 7:15 PM	AddictionZ 2025 Official Networking Event The welcome reception is a networking event for our attendees, exhibitions, partners, and presenters and promotes rich conversations and helps build meaningful relationships between peers. Light canapés and beverages will be served allowing attendees to connect with their peers, along with our partners and exhibitors. Tickets are included for 2-day conference registrations. Additional guest and/or partner tickets can be purchase separately.			

Wednesday, May 14, 2025

	Ballroom 1	Ballroom 2	Springbrook Room
6:30 AM - 7:45 AM	Guided Breathwork and Ice Bath Experience The breathwork and ice bath experience will comprise of the Wim Hof Method - it's a way of helping to reset the nervous system and help shift emotions through your body as well as strengthen the immune system. Ice baths are up to 2 minutes per person. This technique focuses on training and strengthening the nervous system by a process science explains as hormesis. Exposing your body to small amounts of stress to produce adaptation to increase resilience and bodies ability to handle stress. Take the opportunity to step outside your comfort zone and access new levels of life. You will create a beautiful connection with your fellow delegates, fostering community and bonding at a deeper level. To help our instructor plan the best session and to ensure a comfortable experience for all participants, bookings are essential.		
	Registration Open - Day Two Welcome to Day 2! Come and say hello to the Conference Team and collect your Name Badge!		
8:30 AM - 8:45 AM	Welcome Back - Conference Day Two Join us as we start Day Two with a warm welcome from Dr. Anastasia Hronis, Clinical Psychologist from the University of Technology Sydney. This session will outline today's highlights, provide key housekeeping updates, and set the tone for another inspiring day ahead.		
8:45 AM - 9:15 AM	Vaping in Australia: Understanding its Rise, Risks and Intervention Strategies Associate Professor Emily Stockings, Program Lead - Smoking, Vaping & Mental Health, The Matilda Centre, University of Sydney		
9:15 AM - 9:45 AM	LGBTQ+ Health and Drug Use: Addressing Unique Challenges and Building Inclusive Support Systems Professor Adam Bourne, Professor of Public Health, Director of the Australian Research Centre in Sex, Health and Society at La Trobe University in Melbourne		

9:45 AM - 10:10 AM	Morning Tea With Exhibitors & Poster Presenters Engage with someone you just haven't talked to yet		
	Innovating Change: Digital Programs and Proven Strategies for Addiction Prevention and Treatment Chair: Simone Shaw	Transforming Recovery: Integrating Emotional Insight, Autonomy, and Care Continuums Chair: Carol Daws	Workshop 1. IN PERSON ONLY
10:10 AM - 10:40 AM	Internet Pornography Use Disorder: in Search of a Non-pathologizing Description of an Evolving Clinical Issue Francesca Palazzolo	Traverse Your Pathway With Truth and Conviction. Haehaetu Barrett, The Lifewise Trust	Common Ground: Learnings from Alcohol and Other Drug (AOD) Interventions for Reducing Gambling Harm Georgia Delloso & Nick Kerswell, Lives Lived Well
10:40 AM - 11:00 AM	ConnectWell: A Digital AOD Pilot Service to Increase Consumer Engagement Grace Shuttleworth, Lives Lived Well	Self-Managed Medication in AOD Residential Services Richard Salewicz & Kylie Harris, Salvation Army - Aod Services Tasmania	Workshop 1 continued
11:05 AM - 11:25 AM	The 'Power to Change' Gambling Program. A Digitally-enhanced Brief Treatment Program for Problem Gamblers Christine Parr, Caraniche	Be Brave: Recognise and Centralise Shame in your Practice Hala Abdelnour, Institute Of Non-Violence	Workshop 1 continued.
11:30 AM - 11:50 AM	Demonstrating the Effectiveness of Drug Prevention and Rehabilitation Programming in Significantly Reducing Australian Drug Mortality Gary Christian, Drug Free Australia	Be Brave: Recognise and Centralise Shame in your Practice - Continued Hala Abdelnour, Institute Of Non-Violence	
11:50 AM - 12:40 PM	Lunch with Exhibitors. Experience the interactive lunch at the exhibition! Remember to check the app daily for updates and instructions so you won't miss any of the special surprises.		
	Integration, Innovation, and Inclusion in AOD Support Chair: April Long	Alternative Treatments Chair: Kate Dobson	Workshop 2 IN PERSON ONLY
12:40 PM - 1:10 PM	Bridging Medical Detox and Peer Support: Clean Slate's Innovative 12-Month Recovery Model Chris Gimpel, Clean Slate Clinic & Dan Raffell, SMART Recovery Australia	Trauma-Sensitive Yoga in Addiction Recovery: Enhancing Healing and Body Awareness for Women with SUD Julie Schamp, Ghent University	Supporting Women at Higher Risk of Alcohol Exposed Pregnancies, a Lived Experience Perspective. Sophie Harrington & Angelene Bruce
1:15 PM - 1:45 PM	Connecting for Recovery: Our Story, Our Learnings from the STEPS AOD Reintegration Program, Bunbury, WA Anna Calverley & Kate Moore, Palmerston Association Incorporated	Aboriginal Elders (Bridyas) as Guardians of Cultural Wisdom in Healing Wayne Ryder & Mike Winton, Palmerston Association Incorporated	Workshop 2 Continued
1:50 PM - 2:20 PM	Bringing Aboriginal Cultural Knowledge into Therapeutic Work from First Nations Health Workers. Kaiwarr Clancy & Anna Grager, The University of Sydney	Pivot – a Private Outpatient Alcohol and Other Drug and Wellbeing Service – Where Does It Fit in the Continuum of Care? River Paton, Pivot By Explore Hapainga Ora	Workshop 2 Continued..
2:20 PM - 2:45 PM	Afternoon Tea and Exhibition - Day Two		

2:45 PM - 3:15 PM	Alcohol and Other Drug Reform in Queensland Ivan Frkovic, Commissioner of the Queensland Mental Health Commission
3:15 PM - 3:45 PM	Gambling-Related Harm: Who is Most at Risk, And What Contributes to This Risk? Associate Professor Alex Russell, Principal Research Fellow, Experimental Gambling Research Laboratory, CQUniversity
3:45 PM - 4:45 PM	Hope and Healing from Weaponised Shame Kate Seselja, Founder the Hope Project
4:45 PM - 5:00 PM	Conference Closing & Key Learnings Join us as we wrap up an incredible two days of learning, collaboration, and inspiration. Dr. Anastasia Hronis, Clinical Psychologist from the University of Technology Sydney, will guide us through the key learnings from the conference, highlight pivotal moments, and formally close the event. This session will also include the highly anticipated prize draw—don't miss your chance to win! Let's reflect on our shared journey and leave inspired to make an impact.